

# elequil aromatabs®

aromatherapy designed for the clinical setting

**NEW**

## Introducing...Elequil aromatabs® Lavender-Peppermint

To promote relaxation during pain,  
calm anxiousness, and soothe queasiness



Your Pre and Post  
Surgery Solution to a  
Non-Pharmacological  
Approach

The Perfect Solution for the perioperative setting with one aromatherapy product.

Solve your patient needs from Pre-Op to PACU.

### Pre-Op:

Adhere an Elequil aromatabs to the patient's gown. The lavender aroma will help patients relax while waiting for surgery.

### OR:

Elequil aromatabs stays with patient in the OR – contains no metal or foil.

### Post-Surgery / PACU:

As patient wakes, lavender will help with relaxation during pain and help calm anxiousness, while peppermint helps to soothe queasiness.

### A Simple Nursing Intervention to Help:

- ~ Relax patient during pain
- ~ Calm those feeling anxious
- ~ Soothe queasiness

“We just started using (Elequil) aromatabs for a few months now and the patients and staff love them. We are an Orthopedic and Spine Specialty unit at a hospital, so we see a lot of geriatrics and middle-aged patients with a lot of pain/nausea after or before surgery and the aroma tabs help a lot. The patients know we are doing everything we can to help them on their road to recovery, Elequil® is a major part of that.”

~ Leala, Fairview Ridges ortho/spine

Clinical studies<sup>1</sup> have determined a significant positive effect of aromatherapy in reducing pain.

Clinical studies<sup>2,3</sup> using Elequil aromatabs have shown a statistically significant reduction in anxiousness.

It has been shown that peppermint can help with queasiness.<sup>4</sup>

<sup>1</sup> Lakhan S, Sheaffer H, Tepper D. "The Effectiveness of Aromatherapy in Reducing Pain: A systematic Review and Meta-Analysis", Pain Research and Treatment 2016; :2016: 8158693.

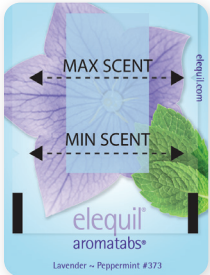
<sup>2</sup> Trambert R, Kowalski MO, Wu B, Mehta N, Friedman P. "A Randomized Controlled Trial Provides Evidence to Support Aromatherapy to Minimize Anxiety in Women Undergoing Breast Biopsy", Worldviews Evidence Based Nursing 2017 Oct;14(5):394-402.

<sup>3</sup> Wotman M, Levinger J, Leung L, Kallush A, Mauer E, Kacker A. "The Efficacy of Lavender Aromatherapy in Reducing Preoperative Anxiety in Ambulatory Surgery Patients Undergoing Procedures in General Otolaryngology", Laryngoscope Investigative Otolaryngology. 2017 Nov 8;2(6):437-441.

<sup>4</sup> Lane B, Cannella K, Bowen C, Copelan D, Nteff G, Barnes K, Poudevigne M, Lawson J. "Examination of the Effectiveness of Peppermint Aromatherapy on Nausea in Women Post C-Section", Journal of Holistic Nursing. 2012 June;30(20):90-104.

## Elequil aromatabs® uses 100% Pure Essential Oils:

- Lavender-Peppermint promotes relaxation during pain, helps comfort and calm anxiousness, and soothes queasiness
- Lavender and Lavender-Sandalwood promote relaxation during pain, help comfort and calm anxiousness
- Orange-Peppermint uplifts and can soothe queasiness
- A simple non-pharmacological intervention to offer patients



### Lavender-Peppermint

*Lavandula angustifolia-  
Mentha piperita*

Lasts up to 8 hours

**REF** 373

**QTY** 50 / box



### Lavender-Sandalwood

*Lavandula angustifolia-  
Santalum album*

Lasts up to 24 hours

**REF** 370

**QTY** 50 / box



### Lavender

*Lavandula angustifolia*

Lasts up to 8 hours

**REF** 372

**QTY** 50 / box



### Orange-Peppermint

*Citrus sinensis-  
Mentha piperita*

Lasts up to 8 hours

**REF** 371

**QTY** 50 / box

## Elequil aromatabs® has a unique controlled delivery system:

- easy application method
- hands-free aromatherapy that adheres to gown or clothing
- allows minimum and maximum aroma exposure
- lasts 8 hours or more
- transfers to patient's clothing upon discharge
- easy to dispose

*Elequil.com allows patients to order Elequil aromatabs directly to continue their care.*

*Healthcare facilities can purchase directly from Beekley Medical at [Beekley.com](http://Beekley.com) or through Cardinal Health™, Owens & Minor®, Medline®, or McKesson®.*

**For a better patient experience, call 1.844.ELEQUIL, email [info@elequil.com](mailto:info@elequil.com), visit [elequil.com](http://elequil.com) or [beekley.com](http://beekley.com) for more information on Elequil.**

**Beekley Medical®**  
when your diagnosis must be right®

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#### Warnings and Precautions

- External use only; do not ingest or swallow
- Do not use if sensitive or allergic to plants as essential oils are natural aromas derived from plants
- The use of peppermint essential oil is not recommended for children under 3-years-old.
- The use of peppermint essential oil is contraindicated for patients with cardiac fibrillation or G6PD Deficiency.
- Intended for placement on clothing
- To prevent possible skin irritation: do not place directly on skin
- Do not reuse
- Discard after use
- Not made with natural rubber latex
- Non-sterile



REV: EL-373\_INF\_SURG\_0821